

# Esteemable Acts®



## Home Improvement

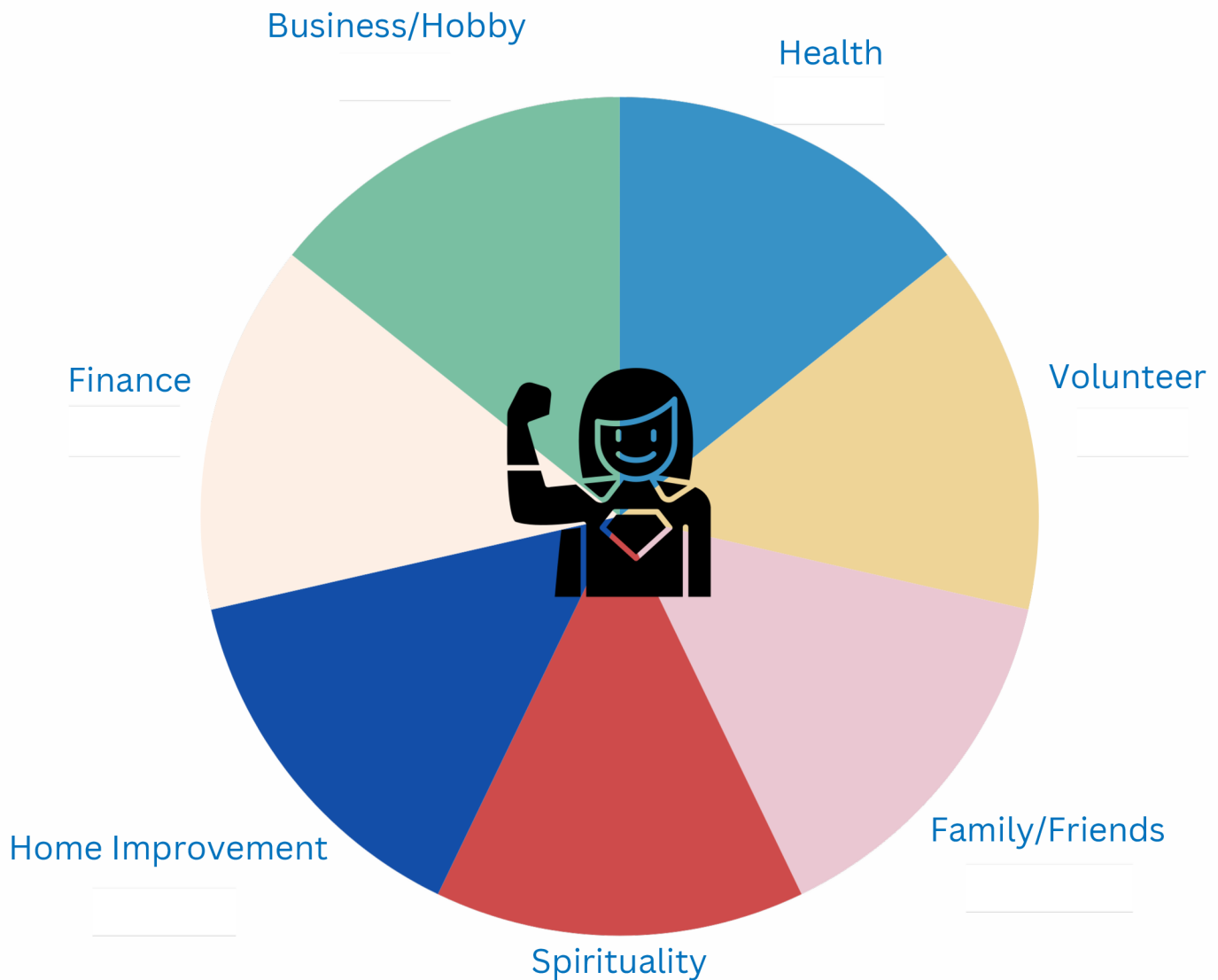
VISION & VALUES WORKSHEET SERIES  
PART 4

YOUR HOME. YOUR HAVEN:  
DESIGNING A SPACE THAT SUPPORTS  
YOUR LIFE.

**#ESTEEMABLEACTS**

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UPON COMPLETION OF THIS WORKSHEET, YOU WILL  
HAVE BEGUN TO ALIGN YOUR GOALS WITH YOUR  
PURPOSE AND VISION





# Home Improvement

CREATE A HOME THAT SUPPORTS YOUR BEST SELF  
—STEP BY STEP.

Our surroundings have a powerful influence on how we feel, think, and show up in the world. A cluttered or chaotic space can leave us feeling ungrounded, while an organized and nurturing personal space can offer stability, inspiration, and peace. This section invites you to explore the state of your physical environment, how it reflects your values, supports your goals, and contributes to your overall sense of well-being.

## What You'll Do in This Section:

- ✓ Reflect on how your living space aligns with your current life and values
- ✓ Identify areas of your home that support or challenge your peace of mind
- ✓ Consider what changes—big or small—could create more harmony and clarity
- ✓ Begin shaping an environment that nourishes, inspires, and sustains you

Take a moment to look around. Approach this section with self-compassion and creativity. Your home doesn't have to be perfect—it just needs to support who you are and who you're becoming.



# Home Improvement

WHERE ATMOSPHERE MEETS INTENTION

Think about the qualities you want regarding your living space

## Examples:

- **Intentionality:** Making thoughtful choices about what you keep, where you live, and how your space supports your life.
- **Order:** Creating a sense of structure and flow that brings clarity and calm to your daily routine.
- **Comfort:** Prioritizing warmth, ease, and safety in the spaces where you spend your time.
- **Stewardship:** Taking responsibility for your home and treating it as a reflection of your values and well-being.
- **Creativity:** Allowing your personal style and energy to shine through how you decorate and arrange your space.

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